

# Ritter Park Off-Road Challenge 5k 2019

Presented by:  

**December 7<sup>th</sup>, 2019 at 9:00 AM**

The Ritter Park Off-Road Challenge will likely be the most fun race you have participated in all year. The course has been designed to stay off the road as much as possible. More than 90% of this race will be on the beautiful, dirt trails surrounding the hills of Ritter Park. You can expect lots of single-track trails, hills, tree falls, and even a stream crossing. Lace up your trail shoes and come join us for the fun. Racing spikes are not permitted. You may run with your dog, but we ask that you start in the back of the field.

Race Start/Finish: The race will start on December 7<sup>th</sup> at 9:00am near the Ritter Park picnic shelters and finish in the same location. Race Distance is 3.1 miles.

Race Shirts: Race shirts are not included in registration cost but are available for order on race day or at packet pickup. A short-sleeved race shirt will cost \$10.

Registration and Entry Fee: Please fill out the back of this form and attach registration payment of \$15. Registration on race day is \$20. **Make checks payable to Andrew Johnson.** Forms and payment can be dropped off at Robert's Running and Walking Shop in Huntington or Charleston or mailed to: Robert's Running and Walking Shop – 1440 4<sup>th</sup> Ave, Huntington, WV 25701 and post marked by December 2nd.

Race Packets: Race bibs can be picked up at Robert's Running and Walking Shop on 4<sup>th</sup> Ave in Huntington on Friday, Dec 6<sup>th</sup> until 6pm or on race day until 8:45 am.

Kid's Race: We will offer a **FREE** ½ mile kid's race at 8:45 am race morning. Pre-race meeting for children and parents at 8:40am. Fill out this registration sheet for your child and write Kid's Race at the top.

Questions? Call: Robert's Running Shop (304) 522-7867 or email robertsrunningshop@gmail.com

**All proceeds will benefit the Greater Huntington Parks and Recreation and Camp Kno-Koma.**

# Ritter Park Off-Road Challenge 5k 2019

Last Name	First Name	Male/Female	Age on Race Day
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Street Address			
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City	State	Zip Code	Email address
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Would you like to order a race shirt for an **additional \$10?** Circle size below.

Unisex Sizing   XS   S   M   L   XL   XXL

Registration Fee - \$15 per racer + *optional* race shirt for \$10. All proceeds will benefit Greater Huntington Parks and Recreation District and JDRF.  
Race Day Registration is \$20.

Race T-shirts will be available for order on race day and at packet pick-up. Shirts will cost \$10. They will arrive 2-3 weeks after the race and can be picked up at Robert's Running Shop. You'll receive an email or call when they arrive.

In consideration of being permitted to participate in the 2019 Ritter Park Off-Road Challenge, I do hereby for myself, my heirs, executors, administrators, and assignees, release, discharge, save and hold harmless and agree to indemnify all those persons involved in organizing and manning, including volunteers, corporate sponsors, media sponsors, business donors and any other participants, this event from all claims, demands, losses, damages, actions, causes of actions or suits of whatsoever kind or nature, arising out of my participation in the race on December 8, 2018. In addition, I recognize that this race is an off-road race with the possibility of unstable footing, fallen trees, narrow trails, tree roots, holes, and other hazards. I attest that I am sufficiently fit and prepared for this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

WAIVER MUST BE SIGNED BY ALL PARTICIPANTS, OR, IF PARTICIPANT IS UNDER 18 YEARS OF AGE, BY A PARENT OR LEGAL GUARDIAN.

Amount Enclosed: \_\_\_\_\_ \$15 Race Fee (\$20 on race day) + Optional \$10 Race Shirt

  
RUNNING & WALKING SHOP